



Ainslie Junior Football



Supporting your Child's Team – Parent Roles

Fact Sheet 1 - Water Carrier

This Fact Sheet sets out important information that you will need to know if you are performing the role of **Water Carrier** for your child's team. If you have any questions please speak to your Team Manager in the first instance.

Role

Your role as Water Carrier is to carry liquid refreshments to players during games.

You will do this by periodically running onto the playing area and offering players drinks from the water bottles provided. During the game you will need to make a judgement about when to offer drinks, noting that needs will change throughout the game ie players may have little need for water during the first quarter but this will increase as the game progresses. You will also need to assess the best time and place to enter the playing area and approach players so as not to disrupt play.

While on the playing area your role is not to:

- operate as a Runner
- coach players
- engage in any way with opposition players/coaches/runners

Uniform/Clothing

Before the game starts the Team Manager will provide you with a top to wear while undertaking your duties that will clearly identify you as the team Water Carrier for that game. If you have not received your top please speak to the Team Manager. Please return your top to the Team Manager at the end of the game.

You should wear clothing suitable for running (eg tracksuit pants or shorts, not jeans) together with running shoes or football boots while acting as Water Carrier.

You will also be provided with drink bottles. Please ensure that these bottles are filled prior to the start of the game and contain sufficient water during the game and scheduled breaks to service player needs.

Notes

While acting as Water Carrier you must:

- leave the field of play immediately after you have completed your task.
- not go inside the 50m arch at each end during kicks for goals or inside the centre square during the centre bounce.

The team is permitted to have a maximum of four Water Carriers and there is no limit on the number of water carriers allowed on the ground at one time.