



Ainslie Junior Football



Supporting your Child's Team – Parent Roles

Fact Sheet 2 – Team Runner

This Fact Sheet sets out important information that you will need to know if you are performing the role of **Team Runner** for your child's team. If you have any questions please speak to your Team Manager in the first instance.

Role

Your role as Team Runner is to deliver messages from the Coach to players during the game and then leave the field immediately once you have done so.

You will do this by setting up in a position near the Coach to facilitate communication between you during the game. During the game you will need to assess the best time and place to enter the playing area and approach players so as not to disrupt play.

While on the playing area your role is not to:

- coach players
- engage in any way with opposition players/coaches/runners

Uniform/Clothing

Before the game starts the Team Manager will provide you with a top to wear while undertaking your duties that will clearly identify you as the Team Runner for that game. If you have not received your top please speak to the Team Manager. Please return your top to the Team Manager at the end of the game.

You should wear clothing suitable for running (eg tracksuit pants or shorts, not jeans) together with running shoes or football boots while acting as Runner.

Notes

Teams are allowed to use either one or two runners during games.

- if you are the only Team Runner at the game you will operate directly from the bench
- if there are two Team Runners at the game only **one** runner per team is permitted on the playing area at any time and you must enter and leave through the interchange area.

Runners are not allowed inside the 50m arch at each end during kicks for goals or inside the centre square during the centre bounce.

Suspended players or officials are not permitted to act as the official Team Runner.